

**POSITIVE ENERGY HOLISTIC COUNSELING & INSTITUTE**  
**ADVANCED HOLISTIC COUNSELING™ CERTIFICATION**

[www.PositiveCounselingli.com](http://www.PositiveCounselingli.com)

**CURRICULUM OVERVIEW & TIME TABLE- 9-Month Course**  
**January 13, 2023- September 24, 2023**

DATE/ TIME FRAME	MODULE	CURRICULUM	IN-PERSON LEARNING OR SELF-STUDY ONLINE	ZOOM/ GOOGLE MEET LIVE TRAINING	PEER COUNSELING	PEER GROUP LEARNING	CLINICAL COACHING	READING ASSIGN	
	Prep	<b>Onboarding Learning Agreements</b>	Online						
<b>1/13- 1/14/23</b>	Mod 1	<b>-AHC Orientation &amp; Skills -Life Coaching Skills -Meditation/Mindfulness -Manifestation</b>	In person @ PECC						
	Mod 2	<b>Aligning The Physical Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
	Mod 3	<b>Aligning The Mental Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
<b>4/1- 4/2/23</b>	Mod 4	<b>-Chakras -Energy Work -EFT Tapping</b>	In person @PECC						
	Mod 5	<b>Aligning The Emotional Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
	Mod 6	<b>Aligning The Energetic Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
<b>6/10- 6/11/23</b>	Mod 7	<b>-Intuition Develop -Intro to Angels &amp; Guides -Intro to Divination Tools</b>	In person @PECC						
	Mod 8	<b>Aligning The Behavioral Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
	Mod 9	<b>Aligning The Spiritual Layer</b>	Self-Study Online	Bi-weekly	Weekly	tbd	tbd	tba	
<b>9/23- 9/24/23</b>	Mod 10	<b>-Prof Develop as an AHC therapist -Certification Exam -Graduation &amp; Celebration</b>	In Person @PECC						